







Rosenbloom Religious School of Chizuk Amuno Congregation

Hand Washing Kit




Enjoy this hand-washing gift set...but it isn't complete yet!

Performing the ritual of washing hands and saying the *ha-motzi* blessing over bread is a way to make celebrating *Shabbat* a special time in your family.

HERE ARE SOME WAYS TO MAKE THIS SHABBAT RITUAL EVEN MORE SPECIAL:

-  You can personalize this hand washing cup by decorating the cup with your child. Draw pictures related to water and washing on the cup.
-  Take a permanent marker and trace your child's hands holding the cup.
-  Decorate the cup by drawing pictures of Shabbat and other religious objects around the base.
-  Trace with a permanent marker a hand of each of the members of your family around the cup one inside the other.
-  Decorate the hand washing towel with the names of each member of your family.
-  Decorate the hand washing towel with the 4 steps of washing hands (rinsing each hand, the blessing and drying of the hands). You can use the hand washing card as a guide.

SOME WAYS TO INCORPORATE THESE SHABBAT RITUALS INTO YOUR HOME:

-  Have a special spot in the kitchen where you keep the cup and towel. Make sure that you keep the "how-to" card nearby! *There is a suction cup as part of this gift so that you can attach it to the inside of a cabinet.*
-  Have a stool near the sink so that every member of the family can reach the sink!
-  Mark out on your calendar the Fridays when you will be home. Buy a *hallah* (you can order one through the Goldsmith Early Childhood Center!) and plan on performing the hand-washing ritual and *ha-motzi* prayer over the bread.

THE BLESSING OVER BREAD INCLUDING HALLAH:

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם מִן הָאָרֶץ:

Baruch atah Adonai elohenu melech ha-olam hamotzi lechem min ha-aretz.

Blessed are You Eternal, our God Sovereign of the universe, who brings forth bread from the ground.